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# LUPUS: Systemic Lupus Erythematosus: Symptoms. Types. Causes. Diet. Diagnosis. Treatments. Research.

## LUPUS: Systemic Lupus Erythematosus

Symptoms. Types. Causes. Diet. Diagnosis. Treatments. Research.



JAMES LEE ANDERSON



### Synopsis

â œAlthough, your health condition may impact your everyday life, do not let it define who you are.â • Lupus is a chronic and potentially life-threatening, autoimmune disease. It can damage any part of the body (skin, joints, and/or organs inside the body). Chronic means that the signs and symptoms tend to last longer than six weeks and often for many years. Autoimmune means your immune system cannot tell the difference between foreign invaders and your body's healthy tissues ("auto" means "self"), and so antibodies (or now called a œautoantibodiesa •) in your body attack the bodyâ <sup>™</sup>s own healthy cells. Inside this text are pertinent topics and covers every aspect of the disease, including: (1) an overview of lupus, (2) the causes, (3) the different kinds, (4) about Lupus Nephritis, (5) signs and symptoms of lupus, (6) how lupus is diagnosis, (7) conventional treatments, (8) alternative treatment, (9) the needed diet for people with lupus, (10) risk factors or who gets lupus, (11) what you should know about lupus and osteoporosis, (12) as well as lupus and pregnancy, (13) the gastrointestinal involvement in lupus, (14) the guality of life of people with lupus, (15) how to cope up with lupus, (16) employment and disability issues in lupus, (17) and the on-going research on lupus. Thank you and may you have a very good understanding of lupus and be able to know how to treat the disease the available FDA approved medicine as well as other ways to manage the condition. Take care, and as always a be well!

#### **Book Information**

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#### **Customer Reviews**

This book is very descriptive as to the types of Lupus and ways that it can manifest and be treated. If I was going to change anything about it, it would be to simplify parts of it so that the average Joe would understand it more. This book is a good effort.

This is a good tool to help people who know or care for someone with lupus. A good head start to understanding

Told me all answers I needed to know. I have hope for my life and I will be okay. There is hope.

Very informative.

I like the updated information, but I hate the cover. Most lupus patients don't have such a noticeable rash and that could scare people off from reading it.

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